



NW1 Dental Care

Porcelain Veneers

A beautifully perfected smile can inspire self-confidence and make a lasting positive impression. For many individuals, correcting bothersome dental flaws or recapturing a more youthful smile can be a life changing experience.

Many UK adults are unhappy with their teeth. A 2019 study of 665 participants, found that 40% per cent of the UK population are not fully comfortable with the appearance of their teeth and would change something if they could.

Though clearly not uncommon, these insecurities can have a debilitating impact on your confidence levels and self-esteem.

Veneers are our solution to helping you achieve that white, sparkling, natural smile you have always dreamed of. The increased popularity can be put down to promotion by celebrities and social media and improved technology meaning the treatment is more effective and efficient than ever.

Veneers allow you to change the shape, the size, the proportion, the colour and the lack of symmetry. You can fix gappy teeth and discoloured teeth. At NW1 Dental Care we can help you achieve your perfect smile.



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What Are Porcelain Veneers?

Porcelain veneers, also known as dental veneers, are a popular, virtually painless cosmetic dentistry procedure that can address a wide variety of common dental concerns. Porcelain veneers cover the front of your teeth, which people see when you smile, to improve the appearance of your mouth. Your teeth will look whiter, brighter, and straighter with porcelain veneers, which hide your imperfections. The veneer is a thin sheet of porcelain colored to match your tooth. The veneer adheres to the front surface of the tooth with the use of a specialized cement to form a beautiful, natural-looking smile.

There is a common misconception that porcelain veneers are weaker than natural teeth but, when bonded correctly, the strength and durability of a veneer is comparable to that of a natural tooth.

COSMETIC DENTISTRY WITHOUT DRILLING IS NOW THE WAY FORWARD

With modern cutting-edge technology within cosmetic dentistry porcelain veneers can now be available that involve none or minimal tooth preparation to produce stunning new smiles. Thus, providing a smile makeover with minimal intrusion of the tooth.



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When do we do porcelain veneers?

1 . Worn enamel

Over time, the thin, hard white substance covering your teeth (enamel) may become worn, dulled, and discoloured. Such wear and discolouration may be natural or the result of a genetic predisposition; however, it is often a result of your habits (soft drink, tea, or coffee consumption, smoking, medication use, etc.). Porcelain veneers are the perfect treatment to get back your beautiful smile



2. Wear and tear – Chips and Cracks

Tooth wear can result in chips here and there, or they can wear away along the biting edge with grinding over the years. Porcelain dental veneers can be used to repair severely chipped, broken and worn-down teeth quickly and easily.





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3. Gaps between teeth / Diastemas

Using Porcelain veneers to close gaps without the need for braces is more popular than ever. Sometimes its used to close just one central gap that is visible and in some cases with lots of gaps between each tooth.



4. Uneven or irregularly shaped teeth

Uneven teeth is a common complaint, affecting your overall appearance which can result from tooth grinding or general wear and tear. Porcelain dental veneers can be used to reshape to achieve balanced smile proportions that will have you showing off your smile wherever you go



5. Genetics

Certain people are born with dental issues that become worse with age so porcelain veneers may be a viable option





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6. Crooked or misaligned & Crowded teeth

Porcelain dental veneers are the simplest way to correct certain alignment issues and provide an excellent alternative to orthodontic treatments without spending months or years. Veneers are often an exceptionally appealing option for patients whose teeth have shifted following earlier orthodontic treatment.



7. Permanently stained or discoloured teeth

Teeth can become discoloured for a wide variety of reasons. Minor tooth discolouration can occur if you are a regular drinker of tea and coffee, or if you smoke. This can often be resolved temporarily through whitening; however, a longer-term fix may be achieved using porcelain veneers.





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Process of Getting Porcelain Veneer

Typically, the process of improving your smile with porcelain veneers can be accomplished within the span of three visits at NW1 Dental Care.

The first step is the consultation, followed by an appointment to prepare the teeth and create a temporary “trial smile”, and finally the fitting and placement of your custom veneers.



STEP 1 : Consultation

- Consultation to identify your needs, wants & expectations for Porcelain veneers with our London cosmetic dentists. Here a detailed history about your teeth and your expectations will be taken. Photos of your face and teeth will be taken and an accurate digital scan of your teeth instead of gloopy impressions. All of this information will help us proceed with a 3d Smile Design. Since each patient has varying concerns or needs, it's up to us to identify the best veneers to make their goals achievable. Every one of our patients will get to discover what's possible through a preview well before their veneer appointment.
- We understand every patient will have different opinions on how they want their smile to appear, this phase of your dentistry experience is one where we pay crucial attention to detail. No two dentistry experiences should look the same. We want your investment in porcelain dental veneers to be something you're thrilled to show off each and every day of your life. Our cosmetic dentists are experts in facial design where your facial aesthetics are considered while designing your veneers, so that your teeth blend in seamlessly.



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STEP 2 – Smile design

- Using a computer-aided design the lab prepares a 3d version of your smile. The dentist uses this 3D view to plan your treatment and make necessary tweaks in the design of the veneers i.e shape, size of teeth, length, etc. You are then able to view how your porcelain veneers would look at the end of the treatment.



STEP 3 – Teeth Preparation & temporary Veneers

- The porcelain veneers are provided as per the plan over two visits. At the first appointment, the teeth are prepared to receive veneers by trimming back a thin layer of enamel (as little as 0.3mm) from the front and biting surface as required to make space for the veneer. Based on the 3D model the lab would have prepared a try in-stent and using a temporary material the designed veneers are tried in your mouth so you can see or 'test drive' your new smile before going ahead and making the final veneers. Any last changes or fine adjustments can be made to the temporaries and reproduced in the final veneers.

STEP 4 – Fit appointment & Final Veneers

- This is the second and final veneer appointment where the final veneers are fitted. The final veneers are bonded to your teeth by using super strong cement which blends in with the shade chosen for the veneer. Final checks are carried out to make sure the veneers do not prematurely contact any of the other teeth' surfaces. Videos and photos are taken of your new smile and instructions are provided on how to take care of your new pearly whites!





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Frequently Asked Questions

Are Porcelain veneers right for me ?

Nearly anyone with good dental health and sufficient tooth enamel can be a good candidate for porcelain veneers. The versatility and conservative nature of the procedure make it ideal for accomplishing cosmetic enhancements, which used to require extensive dental treatment. If you are wondering if you are a suitable candidate for the treatment, we encourage you to schedule a consultation with us and our cosmetic dentist will explain all your options during the initial consultation.

What colour, shape and size should I get?

When you come in for a consultation, we determine the best shapes and sizes in accordance to your features and wants.

When we design the mockup on a model, we can then get an idea how good your teeth will look with the porcelain veneers.

For the colour, we will show you shade tabs that we can put next to your current smile and see what suits you the best.

How many teeth should I do ?

Generally, most of the time you should do the number of teeth you show when you smile. This can range up to 10 teeth in an arch. However, in certain instances just doing 1 to 4 teeth can also make a huge difference.

What can I expect during the porcelain veneers process ?

Typically, the process of improving your smile with porcelain veneers can be accomplished within the span of three visits at our clinic. The first step is the consultation, followed by an appointment to prepare the teeth and create a temporary “trial smile”, and finally the fitting and placement of your custom veneers.



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Will my smile look real & natural?

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How long will porcelain veneers last?

Due to their strength, durability, and virtually impermeable aesthetics, high-quality porcelain veneers placed by an experienced dentist can potentially last for decades or a lifetime. Veneer longevity, of course, is also dependent upon how well the patient cares for their oral health and the regularity of their professional cleanings and dental exams.

Will my smile look real & natural?

Porcelain veneers are a result of artistic capabilities of a dental technician. Therefore, if you want really natural looking porcelain veneers then you need to see a dentist who has high levels of experience such as the team at NW1 Dental Care

Do porcelain veneers stain and can porcelain veneers be whitened?

Porcelain veneers are sometimes considered a long-term whitening treatment, and the quality ceramic used to fabricate them is highly stain-resistant. With proper care and good oral hygiene, veneers can remain vibrant and white for a long time. That said, the health of your veneers is closely linked to your overall oral health, and proper cleaning and maintenance is important



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Why NW1 Dental Care ?

When it is time to choose a dentist for your veneer procedure, you want to make sure you go to someone you trust. You want your veneers to be designed to complement your unique smile and facial features, so it is important to choose a dentist who has experience in this type of cosmetic procedure. Not all dentists are skilled in veneer treatment.

At NW1 Dental Care, you can set your anxiety aside. Dr. Anima Bodane is a top-rated cosmetic dentist with years of experience in porcelain veneers procedure and patients come from all over UK to benefit from her expertise and dedication to patient care.

We know how important your treatment is to you. Lots of our patients have thanked us for boosting their confidence and have been with us for years. You're in safe hands.

Happy Patients

A lot of our patients who were once reluctant, now gladly show off their brighter smile. They say they no longer try to hide their teeth in social situations.

Money well spent

We can help you to feel good about your teeth with veneers. A range of finance options are available to help make your treatment affordable

Finding out more is easy...

Please get in touch using the details below and we will be happy to answer any questions you might have or book you in for your first appointment.

Tel : 0207 485 4626

Email : info@nw1dentalcare.co.uk

Web : www.nw1dentalcare.co.uk

